NEW DAY RECOVERY
Session 25 Handout

My Work Step

From Session 25. Stages are respected here — stabilizing health and starting a job are the same phase of work at different addresses.

Name: _____ **Date:** _____

My stage: ☐ not ready ☐ preparing ☐ seeking ☐ employed

Strengths with evidence	My answer
Strength 1, with its evidence line	
Strength 2, with its evidence line	
Strength 3, with its evidence line (homework)	

My barrier — stated as a problem to solve, not a verdict (documents, transport, record, health, schedule): _____

My 14-day step (examples: obtain ID or documents, one workforce-center visit, two applications, a service commitment of set hours, a skills class enrollment, a conversation with an employer):

I will report it to: _____

Homework: complete the 14-day step and report it to your named person, done or honestly not done with the obstacle named. Bring one line about it to Session 28 — this feeds your purpose plan in Week 7.