NEW DAY RECOVERY

Session 32 Handout

My Gifts and First Service

From Session 32. It is hard to relapse into a life where people are counting on your gift this Saturday.

Name: _____ **Date:** _____

Gifts — teaching, encouragement, leadership, hospitality, helping, giving. Evidence: compliments received across a lifetime, tasks that energize rather than drain, what the house already asks of you.

My gifts and first service	My answer
My top gift, with evidence	
One more gift, with evidence	
My first service (one named service)	
Start date (within 14 days)	
Supervisor contact	

Service must be sized and supervised. The Program Director and coaches approve service roles; enthusiasm never overrides safeguarding.

Afterward — what it cost:

Afterward — what it gave back:

Homework: complete your first service act before Session 34, or have it firmly scheduled with the supervisor's confirmation.