NEW DAY RECOVERY
Session 45 Handout

Peer Bright Lines

From Session 45. A peer is a witness and a companion — not a counselor, not staff, and never a secret-keeper from the care team.

Name: _____ **Date:** _____

What a peer never does: counsel, give medication advice, discipline, keep secrets from staff. Confidentiality has the same edges as the group agreements: danger to self or others, abuse or neglect, and anything the program must know goes to staff — and the peer says so before the disclosure, not after.

Who I report to: _____

Situation	Inside the role / Outside the role / Escalate now	The sentence I would use
A peer asks your opinion of their medication dose.		
A participant confides a plan to use tonight.		
Someone asks you to keep a secret from staff.		
A participant asks you to lead tonight's group because staff are running late.		
A newcomer asks you to settle a house dispute.		
A peer asks you to hold their paycheck.		

A peer who learns of use, a plan to leave, or a safety issue and sits on it has not protected a friend; they have endangered one. Warm handoff, same day, every time: stay with the person, tell staff yourself the same day, and do not leave them alone with it.

Homework: write the peer role's bright lines in your own words — what I do, what I never do, who I report to.