NEW DAY RECOVERY
Session 54 Handout

My First-Target Job List

From Session 54. The right first job is the one you can still be doing in ninety days.

Name: _____ **Date:** _____

Start where you can be kept: within your transportation, inside your physical limits, clear of your highest-risk people and places. A smaller job kept beats a bigger job lost loudly.

Target job	The way in (a name, a place, an application)

The schedule test — for my top target

Test	My answer
Shifts against meetings	
Sleep	
Transportation	
The 90-day plan	

Every workplace has a chain — payday people, after-shift rituals, the coworker who uses. Pre-decide your exits the way Session 29 taught: if–then, written, with a person attached.

Homework: take one real step toward the top target this week — the application, the visit, the call — and write down the name of the human you dealt with.