Session 38: Finding Your Post: Matching Gifts to Real Needs

Phase 5 — Giving Back: Service, Leadership & Purpose · Block 1 — Service: Giving Back

Date: _____ My craving today (0–10): _____ One word for my week: _____

Handout for this session: the Session 38 handout (My Service Post) — in the Handouts Packet.

What we're learning

Session 32 inventoried strengths and gifts; a list in a workbook changes nothing until it meets a need. A post has four parts: a task somebody genuinely needs done, a person whose name is attached to the need, a schedule the house can count on, and a length of service short enough to keep — a season, not a life sentence.

- Ask before you assume The need you invent may not exist, and the need that exists may surprise you. Ask the house manager, the kitchen lead, the newcomer: 'What would actually help?'
- Fit beats flash The right post uses a real strength at a real size. A gifted cook in the kitchen builds more capital than the same person performing a role they cannot sustain.
- A post has edges Task, place, day, duration. Service without edges becomes either a burden you resent or a kingdom you defend; edges keep it an offering.

Goals for this session

☐ I can match one personal strength (Session 32) to one real, named need in the house or community

☐ I can distinguish a real need from an imagined one by asking, not assuming

☐ I can write a one-line post description: task, place, day, and the person who confirms it

Check-in

Where have you served before — work, family, church, anywhere — and which of those jobs fit you so well you lost track of time doing it?

Discussion — write your answers

Write what you would say out loud — and more, if it comes. There is no right-length answer; there is only an honest one.

1. What need in this house have you noticed that nobody owns yet?

2. Tell about a time you took the wrong job, in work or in service. What did the mismatch cost?

3. Who will you ask this week to confirm your post — and what exactly will you ask them?

4. What is your one-line post — task, place, day, and confirming person — exactly as written on your post card?

Session 38 — Skill Practice

Post drafting (workshop): the facilitator lists on the whiteboard the real current needs named by staff and the room. Each participant drafts a post card — task, place, day, duration, confirming name — then stress-tests it with a partner: Is the need real? Is the size keepable? Does it collide with work, meetings, or the 90-day plan? Revise until the partner can repeat the post back word for word.

My post card — task, place, day, duration, confirming name:

What my confirming person said — yes, no, or a better assignment:

My takeaway

The one thing from this session I most need to remember — in my own words:

Homework — this week's application

☐ Ask your confirming person this week and get a yes, a no, or a better assignment. Bring the final post card to the next session, confirmed by the person who named the need.

Space to do the homework and note how it went:

An optional Scripture handout for this session is available from your facilitator on request.