Session 60: Sent Again: The Full Review and the Renewed Plan

Phase 5 — Giving Back: Service, Leadership & Purpose · Block 3 — Purpose & Vocation

Date: _____ My craving today (0–10): _____ One word for my week: _____

What we're learning

Session 36 assembled the 90-Day Continuing Care Plan and said the truest thing in this book: ninety days is the design horizon, not the recovery horizon, and the plan schedules its own renewal. This session is that renewal, at full strength. The renewed plan carries what Phase 5 built: a service post with a season and a review date (Session 44), helping relationships with bright lines and a supervisor (Sessions 45–52), and a vocation direction with a capability in build (Sessions 53–58) — all of it audited in pairs before the session, the way Session 36 taught. This is a 60-minute session. Opening 4 minutes, check-in 7, teaching 15, discussion 8, skill practice 20, homework 4, closing 2. Standing against the criteria is stated privately, one-to-one with the Program Director, before the recognition. Nothing about standing is said aloud in the room.

- Renewal is the design, not a repair A plan that is never renewed becomes a souvenir. The renewed Appendix D keeps every working element, replaces what life has outgrown, and re-dates the reviews — quarterly now (Session 59), with named people in them.
- Carry three posts into the next season One service post, kept. One helping relationship, bounded. One capability, building. A graduate's life is not bigger than a participant's; it is clearer — fewer, named, reviewed commitments instead of a crowd of intentions.
- Sent again, not finished — again Session 36's word still stands, and this room has now lived it for a whole phase: nobody here is declared cured or completed. We are sent — equipped, accompanied, and expected back: as alumni, as peers, as the people who set up the chairs for the next room.

Goals for this session

☐ I can present a renewed 90-Day Continuing Care Plan (Appendix D) integrating service, mentoring, and vocation commitments

☐ I can state my standing against the graduation criteria (Appendix F) and any completion plan for gaps — privately, one-to-one with the Program Director, before the recognition. Nothing about standing is said aloud in the room.

☐ I can name my ongoing posts for the next season: one service post, one helping relationship, one capability in build

Check-in

Final check-in: name your craving score, and then finish this sentence — 'The session that most changed me was number ___, because ___.'

Discussion — write your answers

Write what you would say out loud — and more, if it comes. There is no right-length answer; there is only an honest one.

1. Read your renewed plan's weakest field aloud to your partner — where is it thinnest, and what did you just strengthen?

2. Name your three posts for the next season, exactly: service, helping, capability. Who else knows each one?

3. What do you want to say to the person who sits in your chair next — the one arriving the week after this room empties?

4. What is the date of your first quarterly review, and who will sit in it with you?

Session 60 — Skill Practice

Plan renewal and recognition: renewed plans, audited in accountability pairs before the session (pre-work), are spot-checked against the Appendix D checklist, extended with the Phase 5 entries — service post and review date, helping relationships and supervisor, vocation direction and capability step. Then each graduate is recognized individually: they state their compass sentence (Session 53), name their three posts for the next season, and name the date of their first quarterly review — one sentence, three posts, and the date per graduate. The room responds as it did in Session 36: commitments heard, community named, nobody sent out alone. You may pass on speaking your statements aloud and share them with a partner instead, without explanation. No one is publicly graded, and no pending item is announced to the room. If a post is still forming, name it as forming and name the person helping you form it — including staff. 'Still forming' is a complete answer.

My Giving Back Plan and the Next 90 Days — renewed plan fields: service post and review date; helping relationships and supervisor; vocation direction and capability step:

My three posts for the next season — service, helping, capability — and who else knows each one:

My first quarterly review — date, person, and what we will check:

My takeaway

The one thing from this session I most need to remember — in my own words:

Homework — this week's application

☐ Live the renewed plan. First service shift on the date written, first helping conversation inside the bright lines, first quarterly review on the calendar. The plan's renewal page names the next review date — keep it the way you kept these sixty sessions: one kept day at a time.

Space to do the homework and note how it went:

An optional Scripture handout for this session is available from your facilitator on request.